

CONSUMER MEDICINE INFORMATION



ANTI-FUNGAL SKIN TREATMENT

Terbinafine hydrochloride 10 mg/g

This leaflet provides some useful information on your medicine. Please read it carefully before you start using this medicine. This leaflet does not contain all the information about your medicine.

If you have any further questions or are not sure about anything, ask your pharmacist.

WHAT IS PHARMACY HEALTH ANTI-FUNGAL SKIN TREATMENT

Pharmacy Health Anti-Fungal Skin Treatment contains the active ingredient terbinafine hydrochloride.

It also contains sorbitan monostearate, cetyl palmitate, cetyl alcohol, stearyl alcohol, polysorbate 60, isopropyl myristate, sodium hydroxide, purified water and benzyl alcohol.

WHAT PHARMACY HEALTH ANTI-FUNGAL SKIN TREATMENT IS USED FOR

Pharmacy Health Anti-Fungal Skin Treatment is used to treat tinea of the feet, body and groin region. Tinea, commonly known as ringworm, is an infection of the skin caused by a type of fungi called dermatophytes. Tinea between the toes is commonly called athlete's foot.

Pharmacy Health Anti-Fungal Skin Treatment is also useful to treat candida (yeast) infections of the skin. Yeasts are another type of fungus.

BEFORE USING PHARMACY HEALTH ANTI-FUNGAL SKIN TREATMENT

Before using Pharmacy Health Anti-Fungal Skin Treatment it is important to read the following:

What if I'm allergic to Pharmacy Health Anti-Fungal Skin Treatment?

Pharmacy Health Anti-Fungal Skin Treatment should not be used by people who are allergic to the drug terbinafine or to any other ingredient in the product.

Can Pharmacy Health Anti-Fungal Skin Treatment be used on children?

Pharmacy Health Anti-Fungal Skin Treatment may be used on children aged 12 years or older. Do not use on children under 12 years.

Should Pharmacy Health Anti-Fungal Skin Treatment be used if I am pregnant or intend to become pregnant?

Since there is little experience with the safety of using Pharmacy Health Anti-Fungal Skin Treatment in pregnancy, the cream should not be used by pregnant women or those who are trying to become pregnant.

Should Pharmacy Health Anti-Fungal Skin Treatment be used if I am breastfeeding?

You should not use Pharmacy Health Anti-Fungal Skin Treatment if you are breastfeeding.

HOW TO USE PHARMACY HEALTH ANTI-FUNGAL SKIN TREATMENT

You should apply Pharmacy Health Anti-Fungal Skin Treatment only to skin outside the body. Wash your hands after use. Avoid applying the cream near your eyes or touching your eyes while you still have the cream on your hands. In case of accidental contact with the eyes, rinse the eyes thoroughly with running water and if any symptoms persist see your doctor.

Apply Pharmacy Health Anti-Fungal Skin Treatment once daily.

1. Clean and thoroughly dry the affected areas on your skin
2. Apply a sufficient amount of the cream on the affected skin and surrounding area. Use only a thin layer of cream and rub in gently.
3. If you need to apply Pharmacy Health Anti-Fungal Skin Treatment between your toes, fingers or buttocks, under the breast, or armpit, or in the groin region, cover the area with gauze after the cream has been applied. This is particularly useful at bedtime.

HOW LONG TO USE THIS MEDICINE

How long you need to apply Pharmacy Health Anti-Fungal Skin Treatment for depends on the type of infection you have:

Tinea (athlete's foot, ringworm, jock itch)	7 Days
Tinea infections on the sole of the foot	2 – 4 weeks
Candida (yeast) infection	1 – 2 weeks

While the signs of the infection may disappear after only using Pharmacy Health Anti-Fungal Skin Treatment for a few days, it is important to continue use for the recommended period. The reason is that if you use it only for a few days, you may not remove all of the fungi from the affected areas. And as a result the infection may return soon after you stop using the product.

If there is no improvement in your condition after using Pharmacy Health Anti-Fungal Skin Treatment for the recommended time, see your doctor or pharmacist.

SIDE EFFECTS

Some people may experience redness, itchiness or a stinging sensation in the areas where Pharmacy Health Anti-Fungal Skin Treatment has been applied.

Although these symptoms are normally harmless, you should nevertheless tell your pharmacist if they occur, as you may be experiencing an allergy to Pharmacy Health Anti-Fungal Skin Treatment. If your pharmacist confirms you are suffering an allergy you should stop using the product.

IN CASE OF ACCIDENTAL POISONING

If Pharmacy Health Anti-Fungal Skin Treatment is accidentally swallowed, particularly by a child, contact your doctor or the Poisons Information Centre (Telephone: Australia 13 11 26).

STORAGE

- Store below 30°C
- Store out of reach of children
- Do not use after the expiry date shown on the pack

TAMPER EVIDENT PACKAGING

Pharmacy Health Anti-Fungal Skin Treatment is enclosed in tamper-evident packaging to help protect you from product tampering. If you find that the tube seal has been broken or is missing, do not use the product but return it to your pharmacist.

WHERE TO GO FOR FURTHER INFORMATION

If you have any further questions about Pharmacy Health Anti-Fungal Skin Treatment contact your pharmacist.

DISTRIBUTOR

Pharmacy Health Anti-Fungal Skin Treatment is supplied in Australia by:

Pharmacy Health,
250 Camberwell Road,
Camberwell, Victoria
3124, Australia

This leaflet was prepared in October 2019.

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