

CONSUMER MEDICINE INFORMATION



PHARMACY HEALTH FLUCONAZOLE ONE

Fluconazole 150 mg

WHAT IS IN THIS LEAFLET

This leaflet answers some common questions about Pharmacy Health Fluconazole One. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

If you have any concerns about taking this medicine, ask your doctor or pharmacist. Keep this leaflet with the medicine.

You may need to read it again.

WHAT PHARMACY HEALTH FLUCONAZOLE ONE IS USED FOR

Pharmacy Health Fluconazole One is used to treat vaginal thrush in women. This medicine is taken orally and works by treating the infection caused by *Candida Albicans*, a yeast that causes thrush. Most women have vaginal thrush sometime during their lives. Many women have this yeast living harmlessly within their bodies. However, the natural balance that keeps *Candida Albicans* under control can be upset by other factors, e.g. Antibiotics, diabetes, the Pill, wearing tight clothing, or using perfumed soaps, bath additives and vaginal deodorants. When the level of yeast becomes too high, thrush develops.

COMMON THRUSH SYMPTOMS

You may have one or more of these common symptoms:

- Vaginal itching,
- Vaginal burning and redness,
- Pain during intercourse,
- A white, odourless discharge from the vagina.

Rubbing and scratching can aggravate the soreness and itching. Also the salt in urine can sting the sore tissue.

BEFORE TAKING PHARMACY HEALTH FLUCONAZOLE ONE

When you must not take it

Do not take Pharmacy Health Fluconazole One:

- If taking Cisapride (a medicine used for stomach problems),
- If you are pregnant, suspect you are pregnant or are trying to become pregnant,
- If you are breast feeding.

Do not take Pharmacy Health Fluconazole One if you have an allergy to:

- Any other thrush treatments such as miconazole, ketoconazole, econazole, butoconazole or clotrimazole,
- Any of the ingredients listed at the end of this leaflet.

Signs of an allergic reaction include difficulty breathing, facial swelling or general itchiness.

If any of these occur consult a doctor immediately.

Do not take this medicine after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

If you are not sure whether you should start taking this medicine, talk to your doctor or pharmacist.

Before you start to take it

Tell your doctor or pharmacist before using Pharmacy Health Fluconazole One if you:

- are unsure as to the cause of your symptoms,
- have had thrush more than twice in the last 6 months,
- have had heart problems,
- have any liver problems,
- have any kidney problems,
- have vulval or vaginal sores, ulcers or blisters,
- are experiencing lower abdominal pain or burning on passing urine,
- have had exposure to a sexually transmitted disease,
- have any abnormal or irregular vaginal bleeding or a blood stained discharge,
- have allergies to any other medicines, foods, preservatives or dyes.

Tell your doctor before using Pharmacy Health Fluconazole One if you have diabetes.

Taking other medicines

Tell your doctor or pharmacist if you are taking any other medicines, including any that you get without a prescription from your pharmacy, supermarket or health food shop.

Some medicines and Pharmacy Health Fluconazole One may interfere with each other.

- Some medicines for diabetes such as glimepiride, gliclazide, glipizide, pioglitazone, rosiglitazone or glibenclamide.
- Phenytoin (used to treat epilepsy).
- Warfarin (used to stop blood clots).

Tell your doctor before using Pharmacy Health Fluconazole One if you are taking warfarin or any other anticoagulants, as bleeding or bruising may occur.

Your doctor and pharmacist have more information on medicines to be careful with or avoid while taking this medicine.

HOW TO TAKE PHARMACY HEALTH FLUCONAZOLE ONE

Follow all directions given to you by your doctor or pharmacist carefully. They may differ from the information contained in this leaflet.

If you do not understand the instructions on the box, ask your doctor or pharmacist for help.

Pharmacy Health Fluconazole One is not recommended for children.

How much to take

The complete course of Pharmacy Health Fluconazole One for thrush is one capsule.

How to take it

Swallow whole capsule with water.

When to take it

Pharmacy Health Fluconazole One can be taken any time of the day. It does not matter if you take this medicine before or after food.

Things you must do

Symptoms should improve in a day or two. Consult your doctor if you are no better in 3 days time or if thrush returns.

If you take too much (overdose)

Immediately telephone your doctor or the National Poisons Information Centre (telephone Australia 13 11 26) for advice if you think you or anyone else may have taken too much Pharmacy Health Fluconazole One. Do this even if there are no signs of discomfort or poisoning.

You may need urgent medical attention.

AFTER TAKING PHARMACY HEALTH FLUCONAZOLE ONE

Side effects of this medication include:

- Nausea
- Headache
- Stomach Pain
- Indigestion
- Diarrhoea

Tell your doctor or pharmacist if you notice any of these symptoms, and they worry you. The above list includes the more common side effects of your medicine. They are usually mild and short-lived.

Tell your doctor as soon as possible if you notice any of the following:

- swelling of the face, lips or tongue which may cause difficulty swallowing or breathing,
- asthma, wheezing, shortness of breath,
- sudden or severe itching, skin rash, hives,
- yellowing of the skin or eyes, also called jaundice.

These side effects are rare but can be serious and need urgent medical attention.

Tell your doctor or pharmacist if you notice anything that is making you feel unwell.

AVOIDING THRUSH IN THE FUTURE

Some possible ways to avoid thrush in the future include:

- Avoid perfumed soaps, bath additives and vaginal deodorants,
- Wear cotton briefs and avoid tight fitting synthetic clothing,
- Wash regularly but do not wash and dry yourself too harshly.

STORAGE

Keep in a cool dry place where the temperature stays below 30°C.

Keep it where children cannot reach it. A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

PRODUCT DESCRIPTION

Pharmacy Health Fluconazole One is a turquoise blue hard gelatin capsule.

Active ingredient:

150 mg of Fluconazole

Other ingredients:

Colloidal anhydrous silica, croscarmellose sodium, lactose monohydrate, magnesium stearate, and a gelatin shell capsule.

Contains sulfites.

Fluconazole is an antifungal agent which is active against a yeast called *Candida albicans*.

SPONSOR

Pharmacy Health Fluconazole One is sponsored by:

Soul Pattinson (Manufacturing) Pty Ltd
250 Camberwell Road,
Camberwell, Victoria 3124, Australia

and supplied by:

Pharmacy Health
250 Camberwell Road,
Camberwell, Victoria 3124, Australia

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